

Benefit changes – December 2023

On 1 December 2023, Laya will make the following benefit changes:

360 Care

360 Care will no longer have a combined cap of 36 visits for Acupuncture, Osteopath, Chiropractor, Physical Therapy, Reflexology and Homeopathy benefits. A limit of 12 visits per service will still apply.

ExcelCare

- Infertility Initial Consultation will be removed
- First steps fertility will now apply on a per year basis
- Embryo freezing will be included in the Fertility Preservation Benefit
- Benefit will be included for pre-implantation genetic testing
- Occupational therapy will no longer be limited to 12 visits

SimplyHealth Plus

- Benefit will be included for foetal screening
- Benefit will be included for gender affirmation support
- Embryo Freezing will be included in the fertility preservation benefit
- Benefit will be included for pre-implantation genetic testing
- Benefit will be included for prescriptions
- Benefit will be included for vaccinations - adults
- Occupational therapy will no longer be limited to five visits and a separate assessment
- Speech and language therapy will no longer be limited to 12 visits and a separate assessment
- Adult counselling – psychologists will increase from 8 visits to 12 per year
- Adult counselling – counsellors and therapists will increase from 8 visits to 12 per year
- Benefit will be included for neurodevelopment assessment - adults

Total Health Extra

- Embryo freezing will be included in the fertility preservation benefit
- Benefit will be included for pre-implantation genetic testing
- Occupational therapy will no longer be limited to 5 visits and a separate assessment
- Speech and language therapy will no longer be limited to 8 visits and a separate assessment

CompanyCare (No Excess)

- Embryo freezing will be included in the fertility preservation benefit
- Benefit will be included for pre-implantation genetic testing
- Occupational therapy will no longer be limited to five visits and a separate assessment
- Speech and language therapy will no longer be limited to eight visits and a separate assessment

ConnectCare

- Infertility initial consultation will be removed
- First steps fertility will now apply on a per year basis
- Embryo freezing will be included in the fertility preservation benefit
- Benefit will be included for pre-implantation genetic testing
- Occupational therapy will no longer be limited to five visits and a separate assessment

- Speech and language therapy will no longer be limited to eight visits and a separate assessment

Total Health (No Excess)

- Embryo freezing will be included in the fertility preservation benefit
- Benefit will be included for pre-implantation genetic testing
- Occupational therapy will no longer be limited to five visits per year
- Speech and language therapy will no longer be limited to eight visits per year