

Level Health Price Changes from 2 February 2026

19.12.2025

The Health Insurance Authority (HIA) has been notified of Level Health's decision to increase prices across some of their health insurance plans, with an average increase across all plans of 4%. These changes apply to renewals on or after 2 February 2026, mid-contract customers are unaffected until renewal.

We know price increases are unwelcome, particularly during a time of rising living costs. While insurers set prices based on factors such as medical inflation and claims costs, affordability must remain a priority. Consumers may find better value by shopping around and focusing on the benefits most important to them.

HIA Chief Executive, Brian Lee, said:

"We're committed to giving consumers clear, unbiased information so they can make confident decisions. It's a good idea to review your health insurance plan every year and take advantage of our free comparison tool to ensure you're getting the best value for your needs."

Consumers can switch to any plan at renewal. Use our free comparison tool at www.hia.ie or contact us at info@hia.ie or 01 406 0080 for impartial advice.

Tips to Save Money

1. Shop around – older plans may offer less value than newer ones.
2. Increase your hospital excess – if you're in good health, a higher excess can reduce premiums.
3. Reduce cover for benefits you don't use – for example, if you have a medical card, consider a plan with lower day-to-day cover.

Level Health will send updated prices and benefits before your renewal, so review your options carefully.

/ENDS

For more information contact:

Marie Lynch, Account Director, Carr Communications, marie@carrcommunications.ie, 087 973 0522 or Éabha Griffin Kelly, Account Executive, Carr Communications, egriffinkelly@carrcommunications.ie, 087 671 6394.

Notes to the editor

For more information health insurance policies and finding the policy most suitable for your needs, visit www.hia.ie to use our free comparison tool.

About the Health Insurance Authority (HIA)

The role of the HIA is to ensure consumers are aware of their rights and insurers know their responsibilities in relation to health insurance in Ireland. The HIA enables a functioning health insurance market for the benefit of consumers, providers and policy makers that underpins an accessible health service.