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The following rule change will apply in October to schemes listed in the notification letter.

1) Update to add a new centre for the Menopause Support Benefit and to remove text that is covered elsewhere in the rules re headed paper

Menopause Support Package

This benefit is available on selected schemes up to the amount outlined on your benefit table. Items claimable under this benefit include: 75% of the cost of Yoga classes with a Yoga instructor registered with the Yoga Alliance, Yoga Therapy Ireland or the Irish Yoga Association up to a maximum of 10 classes per year. The full cost of an initial consultation with a GP or Consultant in the Menopause Hub Clinic or Blackrock Health Women's Health Centre, (Receipt must be on The Menopause Hub headed paper) 75% of the cost of prescriptions for Hormone Replacement Therapy (Please refer to page 36). The list of specific drugs available under this benefit are available on request.

2) New rule to align with new benefit being introduced

Pharmacist visits

This benefit as outlined on your Table of Benefits is payable per consultation with a pharmacist approved by the HSE for the Common Condition Service. Benefit is for consultations only and does not include the cost of prescriptions issued. This specific benefit is restricted to the Common Conditions Service and this must be clear on the receipt being submitted. Pharmacist fees for other services are not eligible for reimbursement under this benefit. The list of HSE approved pharmacists for the Common Condition Service are available on the HSE website.