

Name	HealthCoach	Add GP Live	Rules Change	Other benefit changes?
Advantage 125 Choice	Online & Face to Face		Yes	
Advantage 125 Explore	Online & Face to Face	3 visits	Yes	
Advantage 125 Plus	Online & Face to Face	3 visits	Yes	
Advantage 175 Choice	Online & Face to Face		Yes	
Advantage 175 Explore	Online & Face to Face	3 visits	Yes	
Advantage 175 Plus	Online & Face to Face	3 visits	Yes	
Advantage 250 Choice	Online & Face to Face		Yes	
Advantage 250 Explore	Online & Face to Face	3 visits	Yes	
Advantage 250 Plus	Online & Face to Face	3 visits	Yes	
Advantage 375 Choice	Online & Face to Face		Yes	
Advantage 375 Explore	Online & Face to Face	3 visits	Yes	
Advantage 375 Plus	Online & Face to Face	3 visits	Yes	
Advantage 500 Choice	Online & Face to Face		Yes	
Advantage 500 Explore	Online & Face to Face	3 visits	Yes	
Advantage 500 Plus	Online & Face to Face	3 visits	Yes	
Assure Health	Online only	3 visits	Yes	
Assure Ideal	Online only		Yes	
Assure Protect	Online only	3 visits	Yes	
Assure Vitality	Online only	3 visits	Yes	
Care Select	Online & Face to Face		Yes	
CompanyCare (Excess)	Online & Face to Face	3 visits	Yes	
CompanyCare (Excess) No EAP				
	Online & Face to Face	3 visits	Yes	
CompanyCare (No Excess)	Online & Face to Face	3 visits	Yes	
CompanyCare Choice	Online & Face to Face	3 visits	Yes	
CompanyCare Gold	Online & Face to Face	3 visits	Yes	Remove pre and post operative consultation benefit.
CompanyCare Premium (Excess)				
	Online & Face to Face	3 visits	Yes	
CompanyCare Premium (No Excess)	Online & Face to Face	3 visits	Yes	Yes, as per letter
CompanyCare Starter	Online & Face to Face	3 visits	Yes	
CompanyHealth	Online & Face to Face	3 visits	Yes	
CompanyHealth Plus (Excess)	Online & Face to Face	3 visits	Yes	
CompanyHealth Plus (No Excess)				
	Online & Face to Face	3 visits	Yes	Yes, as per letter
CompanyHealth Plus (No Excess) No EAP	Online & Face to Face	3 visits	Yes	
CompleteCare	Online & Face to Face	3 visits	Yes	
ConnectCare 100	Online & Face to Face		Yes	Price Change
ConnectCare 150	Online & Face to Face		Yes	
ConnectCare 500	Online & Face to Face		Yes	
ConnectChoice 500	Online & Face to Face		Yes	
ConnectChoice	Online & Face to Face		Yes	
Control 450 Create	Online & Face to Face		Yes	
Control 150 Connect	Online & Face to Face	3 visits	Yes	
Control 150 Secure	Online & Face to Face		Yes	
Control 150 Total	Online & Face to Face		Yes	
Control 300 Connect	Online & Face to Face	3 visits	Yes	
Control 300 Secure	Online & Face to Face		Yes	
Control 300 Total	Online & Face to Face		Yes	
Control 450 Connect	Online & Face to Face	3 visits	Yes	
Control 450 Secure	Online & Face to Face		Yes	
Control 450 Total	Online & Face to Face		Yes	
Control 600 Connect	Online & Face to Face	3 visits	Yes	
Control 600 Create	Online & Face to Face		Yes	
Control 600 Secure	Online & Face to Face		Yes	
Control 600 Total	Online & Face to Face		Yes	
Empower 150 Connect	Online & Face to Face	3 visits	Yes	
Empower 150 Create	Online & Face to Face		Yes	
Empower 150 Secure	Online & Face to Face		Yes	
Empower Connect (No Excess)	Online & Face to Face	3 visits	Yes	
Empower Create (No Excess)	Online & Face to Face		Yes	
Empower Secure (No Excess)	Online & Face to Face		Yes	
Essential	Online & Face to Face	3 visits	Yes	
Essential Assist	Online only	3 visits	Yes	
Essential Complete	Online & Face to Face	3 visits	Yes	
Essential Connect Family	Online & Face to Face	3 visits	Yes	
Essential Connect Health	Online & Face to Face	3 visits	Yes	Price change
Essential Gold	Online & Face to Face	3 visits	Yes	Remove pre and post operative consultation benefit.
Essential Plus (Excess)	Online & Face to Face	3 visits	Yes	
Essential Plus (No Excess)	Online & Face to Face	3 visits	Yes	
Flex 125 Choice	Online & Face to Face		Yes	
Flex 125 Explore	Online & Face to Face	3 visits	Yes	
Flex 125 Plus	Online & Face to Face	3 visits	Yes	
Flex 175 Choice	Online & Face to Face		Yes	
Flex 175 Explore	Online & Face to Face	3 visits	Yes	
Flex 175 Plus	Online & Face to Face	3 visits	Yes	
Flex 250 Choice	Online & Face to Face		Yes	
Flex 250 Explore	Online & Face to Face	3 visits	Yes	
Flex 250 Plus	Online & Face to Face	3 visits	Yes	
Flex 375 Choice	Online & Face to Face		Yes	
Flex 375 Explore	Online & Face to Face	3 visits	Yes	
Flex 375 Plus	Online & Face to Face	3 visits	Yes	
Flex 500 Choice	Online & Face to Face		Yes	
Flex 500 Explore	Online & Face to Face	3 visits	Yes	
Flex 500 Plus	Online & Face to Face	3 visits	Yes	
Future Protect	Online only	3 visits	Yes	
Future Protect Choice	Online only	3 visits	Yes	
Future Protect Plus	Online only	3 visits	Yes	
Health Secure Plus	Online & Face to Face		Yes	
Health Sense (Excess)	Online & Face to Face	3 visits	Yes	
Health Sense Complete	Online & Face to Face	3 visits	Yes	
Health Sense Connect	Online & Face to Face	3 visits	Yes	
Health Smart	Online & Face to Face	3 visits	Yes	
Health Smart Family	Online & Face to Face	3 visits	Yes	
HealthManager	Online & Face to Face	3 visits	Yes	Remove pre and post operative consultation benefit.
HealthManager First	Online & Face to Face	3 visits	Yes	Remove pre and post operative consultation benefit.
HealthManager Gold				remove 'care manager programme'. Remove pre and post operative consultation benefit.
	Online & Face to Face	3 visits	Yes	
HealthManager Silver				Remove pre and post operative consultation benefit. Also changes as per letter
	Online & Face to Face	3 visits	Yes	
Precision 150 Connect	Online & Face to Face	3 visits	Yes	
Precision 150 Create	Online & Face to Face	3 visits	Yes	
Precision 150 Total	Online & Face to Face	3 visits	Yes	
Precision 300 Connect	Online & Face to Face	3 visits	Yes	
Precision 300 Create	Online & Face to Face	3 visits	Yes	
Precision 300 Total	Online & Face to Face	3 visits	Yes	
Precision 450 Connect	Online & Face to Face	3 visits	Yes	
Precision 450 Create	Online & Face to Face	3 visits	Yes	
Precision 450 Total	Online & Face to Face	3 visits	Yes	
Precision 600 Connect	Online & Face to Face	3 visits	Yes	
Precision 600 Create	Online & Face to Face	3 visits	Yes	
Precision 600 Total	Online & Face to Face	3 visits	Yes	
Simply health choice	Online & Face to Face		Yes	
SimplyHealth Connect	Online & Face to Face	3 visits	Yes	
Total Health (No Excess)	Online & Face to Face	3 visits	Yes	
Total Health Choice	Online & Face to Face	3 visits	Yes	
Total Health Complete	Online & Face to Face		Yes	
Total Health Select	Online & Face to Face	3 visits	Yes	
Essential Health 300	Online & Face to Face	Increase from 2 to 3 visits	Yes	
360 Care	Online & Face to Face		Yes	
360 Care Select	Online & Face to Face		Yes	